



Republic of the Philippines
North Eastern Mindanao State University



MEMORANDUM FROM THE OFFICE OF THE PRESIDENT
 No. 09 - 023, s. 2024

TO: Guidance Personnel Across NEMSU Campuses

DATE: September 12, 2024

SUBJECT: ATTENDANCE TO THE PGCA 59TH NATIONAL MIDYEAR CONFERENCE ON OCTOBER 17-18, 2024, AT CITYSTATE ASTURIAS HOTEL, PUERTO PRINCESA, PALAWAN

Greetings of peace and solidarity.

This is to inform that the following guidance personnel of the university are required to attend the Philippine Guidance and Counseling Association (PGCA) 59th National Midyear Conference, scheduled on October 17-18, 2024, at Citystate Asturias Hotel, Puerto Princesa, Palawan:

DB-JUNE AMOLATA	TAGBINA
ROSALIE ANOVER	SAN MIGUEL
CORAZON BUENAVENTURA	TANDAG
GINALYN ESTOSE	BISLIG
HANNAH SHAIRA ESTOSE	TANDAG
JAN RYAN PAGAPULA-AN	LIANGA
JENEVIEVE PALMA	TANDAG
ROXAN SARMIENTO	TANDAG
MARY GRACE TANGCANGCO	CANTILAN
MARISSA VILLAMON	CAGWAIT
JOAN ZARTIGA	LIANGA

The PGCA conference is an excellent opportunity for professional development, networking, and the enhancement of our skills and knowledge in the field of guidance and counseling. Attendance to this conference will provide valuable insights and updates on current practices and innovations that can be integrated into our programs and services.

Please be advised that the budget for this conference, including registration fees, transportation, accommodation, and other related expenses, will be charged to the STF. Ensure to coordinate with the university's accounting department regarding the necessary arrangements and documentation for the release of funds.

For information and strict compliance.

For the grassroots and in the spirit of vibrant leadership.

NEMESIO G. LOAYON, PhD
 SUC President III

Cc: Campus Directors

Encl.: 1. Approved Letter of Request
 2. Approved Recommendation Letter



Republic of the Philippines
North Eastern Mindanao State University
Rosario, Tandag City, Surigao del Sur 8300
Telefax No.086-214-4221



August 9, 2024

NEMESIO G. LOAYON, PhD
SUC President II
This University



Dear Dr. Loayon:

In behalf of the guidance counselors across NEMSU campuses, I am writing to formally request your approval to attend the 59th National Midyear Conference hosted by the Philippine Guidance and Counseling Association (PGCA). The conference will be held on October 17-18, 2024 at Citystate Asturias Hotel, Puerto Princesa, Palawan, and it presents an invaluable opportunity for professional development, networking, and gaining insights into the latest trends and practices in guidance and counseling.

One of our objectives for attending the said conference is for professional development. This will feature expert speakers and workshops focused on mental health, counseling strategies, and student well-being. Attending these sessions will enhance our skills and knowledge, which we can directly apply to our current practices. Aside from that, this will also provide us with networking opportunities. Engaging with fellow professionals in the field will allow us to exchange ideas, experiences, and strategies that have been effective in other institutions, thereby enriching our own approach to student counseling. The conference will also present the latest research, tools, and techniques in the field of guidance and counseling. Staying updated with these developments is crucial for maintaining the relevance and effectiveness of our student support programs.

Proposed Learning Plan Post-Conference:

Upon our return, we will be planning how to implement several initiatives to enhance our institution's mental health support system. One of these is enhancing our mental health resources. We will be collaborating with relevant departments to update and expand our mental health resources, including online tools, support groups, and informational materials, making them more accessible and effective for students.

Furthermore, based on the insights and best practices learned, we will try to develop and propose new counseling programs tailored to the specific needs of our student body. This could include peer counseling initiatives, mindfulness sessions, and stress-relief activities. These programs can also include a series of workshops so that we can share the knowledge and skills gained from the conference. These sessions will focus on practical strategies for addressing common mental health issues among students, such as anxiety, depression, and stress management.

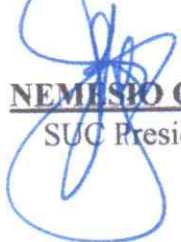
Therefore, attending the PGCA's 59th National Midyear Conference will be a significant step in improving our guidance and counseling services. The knowledge and connections gained will directly contribute to enhancing the mental health and well-being of our students especially because we hope to make our services more visible and accessible to all students.

Attached in this letter is the letter of invitation from the national president of the organization. The letter also includes the registration rate as well as the inclusions of the said payment. Thank you for considering our request and we hope for a positive response.

Very truly yours,


JENEVIEVE S. PALMA, Rpm, RGC
Guidance Counselor III

Approved by:


NEMESIS G. LOAYON, PhD
SUC President III



Republic of the Philippines
North Eastern Mindanao State University

August 28, 2024

NEMESIO G. LOAYON, PhD
SUC President III
This University

Subject: Recommendation for Approval of NEMSU Guidance Personnel's Attendance at the PGCA 59th National Midyear Conference

Dear Dr. Loayon:

I am writing to recommend the approval of the proposal for the NEMSU Guidance Personnel to attend the 59th National Midyear Conference hosted by the Philippine Guidance and Counseling Association (PGCA) on October 17 – 18, 2024. This conference provides an exceptional opportunity for our guidance personnel to gain valuable insights and skills crucial for enhancing the mental health support and counseling services offered to our students.

The Guidance Personnel from the different NEMSU Campuses have demonstrated an unwavering commitment to enhancing our institution's guidance and counseling services. Their active involvement in this professional community is vital for their growth and the continuous improvement of the mental health support systems available to our students.

The conference offers invaluable opportunities for all the Guidance Personnel to engage with expert speakers, participate in workshops, and network with fellow professionals. The knowledge and skills they will acquire during this event will significantly contribute to the enhancement of our mental health resources, the development of new counseling programs, and the overall well-being of our student body.

The proposal has outlined a clear and actionable post-conference learning plan, which includes initiatives such as updating mental health resources, developing new student counseling programs, and conducting workshops to share the insights gained. These efforts align with our university's mission to provide comprehensive support to our students and ensure their holistic development.

Considering the significant impact this professional development opportunity will have on our institution, I fully support their participation and hoping for your approval of this proposal.

Attached is the list of the Guidance Personnel who will participate in the upcoming PGCA Midyear Conference.

Approved: Nemesio G. Loayon, PhD



Rosario, Tandag City, Surigao del Sur 8300
086-211-4221

www.nemsu.edu.ph






Republic of the Philippines
North Eastern Mindanao State University

List of Attendees

Name	Position/Designation	Campus
Roxan Sarmiento, RGC	Guidance Counselor/ Values Formation Head	Tandag Campus
Jenevieve Palma, RGC	Guidance Counselor III	Tandag Campus
Joan Zartiga, RGC	Guidance Counselor III	Lianga Campus
DB-June Amolata, RGC	Guidance Counselor III	Tagbina Campus
Mary Grace Tangcangco, RGC	Guidance Counselor III	Cantilan Campus
Ginalyn Estose, RGC	Asst. Prof II/ Guidance Office Head	Bislig Campus
Corazon Buenaventura, RPm	Psychometrician	Tandag Campus
Jan Ryan Pagapula-an, RPm	Psychometrician	Lianga Campus
Hannah Shaira Estose, RPm	Psychometrician	Tandag Campus
Marissa Villamon	Guidance Advocate	Cagwait Campus
Rosalie Anover	Guidance Advocate	San Miguel Campus

Sincerely,


MARIA LADY SOL A. SUAZO, Ph.D.
Vice President for Academic Affairs